

About University

The concept of the Children's University was first revealed by the then Honorable Chief Minister of Gujarat and present Hon. Prime Minister Shri Narendrabhai Modi, while emphasizing this he explained the urgent need for the growth and development of the future generation. Beside this, as he pointed out, the prime focus of this institution would be to avail the path-breaking researches dealing with the children's studies. The prime aim is holistic development of child based on Indian thinking and spirituality which covers whole life span of human that is conception to adulthood (-9 months to 18 years) which make this university very unique, novel and path breaking from all other conventional universities. This is very proud feeling matter for the government of Gujarat to work in the area of child development in very different way.

Children's University is a dream of current Prime Minister Shri Narendrabhai Modi. He is not only seer, but also visionary sage. A divine verse has emerged in his mind- "Every child matters." This verse gets expanded in the sublime "Vision" of this University. Towards this "vision" in his letters, "the upbringing of our children should be done in such a way that avails the development of physical, mental, intellectual, emotional and spiritual facets which ultimately lead them to avail the opportunity of self-realization." In order to bring this divinely inspired idea into reality, he institutionalizes a mechanism, that is, Children's University.

The Children's University will lead the children of today to build a new world of friendliness, mutuality and harmony that transcends all barriers of narrowness and blind conflicts resulting from exclusivism and burden of the past that strives to linger against the pressure of the future of uplifting light and prosperity.

About Tapovan

What is Tapovan?

The children's are the creator of bright future. Physically healthy, radiant in mind and intellect, generous by heart and full of inner strength, such children will become the best citizen of the nation and they will create the great nation of twenty-first century. For such holistic development of the children Hon'ble former Chief Minister of Gujarat Shri Narendra Modi has established Children's University which ensures to provide all needed help and care for the integral development of the child and Tapovan is its first step towards this new endeavor which would provide Prenatal Care and Education because child education must begin at prenatal stage and education must continue right through the whole life. Thus the expectant mothers have a very unique role to play in this progress of human evolution.

VISION :

The concept of 'Tapovan', introduced by Children's University has been formulated taking into consideration the integral development of fetus by revitalizing and strengthening the mother's aspiration to give birth to a soul who will be a fore-runner of a new humanity in an age when the people are under a strong influence to achieve materialistic fulfillment rather spiritual fullness.

MISSION :

Tapovan' has been conceptualized taking into consideration the modern life style of the people. Tapovan will provide an opportunity to pregnant woman to devote herself not only for her self-development, but also to the growth of the fetus taking place within her body because the woman's role is that of a mini creator. So, it is natural for her to feel happy as she is forming a baby within. Motherhood is the happiest moment for any woman. There are many aspects which influence the women, when she is pregnant.

OBJECTIVES :

Tapovan is the place where mothers will get the necessary and essential requirements for the integral development of the child. Mother's inspirational thoughts and action make deep impression on child's physical body, mind and nervous system. These are Innumerable instances mentioned in our sacred books of such influences even, the modern medical science has proved that the fetus in the uterus absorbs the thoughts and knowledge acquired by the mother during pregnancy. Keeping this in mind every mother should try to keep herself relaxed and happy by having pleasant positive, noble thoughts and emotion. It has been also proved that embryo reacts according to in mother's emotional behavior.



सुवर्णप्राशन

“An Ayurvedic Immunization “



Children's University

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Suvarnaprashana

Suvarnaprashana is an Ayurvedic immunomodulatory medicine preparation for 0 to 16 years of child. Administration of processed gold in children is a unique practice mentioned in Ayurveda as "Suvarnaprashana" by Acharya Kashyap thousands of years back. He explained evidently the administration of Swarna (gold) in children form the benefits of improving intellect, digestion and metabolism, physical strength, immunity, complexion, fertility, and lifespan. There are various formulations of gold and even along with herbal drugs explained by different Acharya for prolonged usage in children. Suvarnaprashana in children can be mainly implicated in two contexts of Ayurveda; Lehana (supplementary feeds) and Jatakarma Samskara (newborn care). The age and method of administration, benefits and dosage as per various classical textbooks of Ayurveda are discussed here along with the reports of related scientific studies that the benefits of Suvarnaprashana can be achieved at multiple levels like as a general health promoter and in specific to enhancement of intelligence, digestion, metabolism, immunity, physical strength, complexion, or fertility. Ayurveda recommends only purified and processed form of gold for internal administration. The age at which Suvarnaprashana should be administered and its duration can be determined depending upon the desired effect in children.

An administration of various herbal drugs, ghee preparations, and gold alone as supplementary feeds wherein precise indications are stated. Acharya Kashyapa coined the term Suvarnaprashana for administration of gold. This unique formula has been explained wherein gold should be triturated along with honey, and ghee on a clean stone facing eastern direction and made the Shishu (infant) lick the same.

The specific benefits ascribed to Suvarnaprashana are as follows:

- Medha Agni Bala Vardhanam (improvement of intellect, digestion, metabolism, immunity, and physical strength)
- Ayushyam (promoting lifespan)
- Mangalam (auspicious)
- Punyam (righteous)
- Vrushyam (aphrodisiac)
- Varnyam (enhancement of color and complexion)
- Grahapaham (protection from evil spirits and microorganisms).

The specific benefits of Suvarnaprashana according to the duration of administration have been mentioned such as:

**मासात् परममेधावी व्याधिभिर्न च धृष्यते ॥
षड्भिर्मासैः श्रुतधरः सुवर्णप्राशनाद्भवेत् ।**

- If administered for 1 month, the baby will become Parama Medhavi (highly intelligent) and Vyadhibhir Na Cha Drusyate (will not be affected by any disease)
- If administered for 6 months, the baby will become Srutadhara (will be able to remember the things, which are just heard).

All the above said benefits are indicating the enhancement of all favorable factors required for proper growth and development of a child, which is considered to be rapid during Shaishavavastha (infancy).



Who should have Suvarnaprashana?

- Suvarnaprashana can be given to anyone aged 0 to 16 years. It can be taken daily or can be taken specifically on the Pushya nakshatra.

Suvarnaprashana drops can be given every day as per the child's age –

- upto 03 years - 1 drop every day
- 03 to 05 years - 2 drops every day
- 05 to 16 years - 3 drops every day



Time to take:

- On an empty stomach preferably in the morning
- Do not have food at least for 30 minutes after consumption of Suvarnaprashana

Benefits of Suvarnaprashana.

1. Boosts immune system
2. Enhances memory
3. Improves digestion
4. Nourishes the skin
5. Reduces mental agitation
6. Improves hearing and vision
7. Improves overall physical & mental health



Suvarnaprashana contains :

1. Suvarnabhasma
2. Cow Ghrit
3. Madhu
4. Various Ayurveda herbal drugs

